

Nebraska American Legion Baseball Concussion rule

Found in the Nebraska American Legion Baseball State Rule Book:

1.09 FIRST AID:

(A) Concussion/Traumatic Brain Injury (TBI) Rule:

Coaches, Managers and Administrators and Tournament Directors:

1. (a) Must obtain a certificate of training from the CDC (<http://www.cdc.gov/concussion/HeadsUp/Training/HeadsUpConcussion.html>). **Certification must be done every 2 years.**

(b) Certificate is due to Department Headquarters no later than June 15th. The certificate is required to be on hand at every Legion baseball game and at all Post Season Tournaments and is an inspectable item by Tournament Directors at the Seeding Meeting.

2. Provide information to all athletes, parents or guardians of an athlete, on the signs and symptoms of a TBI, the risks posed by sustaining a TBI and the actions an athlete should take in response to sustaining a TBI.

3. Remove any athlete suspected of sustaining TBI from participation.

4. Notify the parent or guardian of any player suspected of having sustained TBI.

5. Notify the Department Headquarters utilizing the Umpire Ejection report, specifying date and approximate time of the injury suffered by the athlete, the signs and symptoms of a concussion or brain injury that were observed, and any actions taken to treat the athlete.

6. Any athlete who is reasonably suspected of having a concussion or brain injury, and is removed from athletic activity, will not be allowed to return to play/practice until written clearance to resume participation, signed by a licensed healthcare professional, is provided to Department Headquarters. Further information on the Statute, training and informational handouts can be obtained at <http://www.nelegionbaseball.net/links/links.htm>

(B) First AID: Each team must provide an adequate First Aid Kit as part of its equipment at all practice sessions and games. Aggressive treatment of open wounds or skin lesions should be followed. In particular, whenever a player suffers a laceration or wound where oozing or bleeding occurs, the practice or game should be stopped at the earliest possible time; and the athlete should leave the field of play and be given appropriate medical treatment. During practice, the athlete should not return to the field of play without containment of the injury. If, during a game, the athlete can be treated without undue delay, play shall be stopped until the athlete has received treatment and is cleared to play. However, if the bleeding requires extensive treatment, a substitute shall replace the injured player.